



DE ARAGON

# THE ONLY BEGINNERS GUITAR BOOK YOU'LL EVER NEED!

BY  
ROLAND  
DE ARAGON

# **THE ONLY BEGINNERS GUITAR BOOK YOU 'LL EVER NEED!**

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# A WORD FROM ROLAND

Wow! Finally I'm completely done with this four year long journey on writing this book. You have probably found your way to this book through my website or maybe a friend recommended it to you. Either way, I'm so ecstatic that your here.

I have been teaching guitar for 15 years and taught through almost every popular guitar method available. Going through all this material I was always frustrated with their methods because I would have to stray away from the method and create my own lessons to supplement what was missing in the method I was teaching.



After all that I decided why don't I gather all the lessons and materials that I have created and put it all in one book. Most music teachers I have encountered are not performers. In the music school where I taught at only 5% of the teachers were actually performers instead of just teachers. Most popular basic guitar methods were written from an educators perspective. What a students needs is both the educators and performers perspective. Students need all the tools in order to perform their favorite songs. The first thought a student has when they start learning guitar is they want to immediately play a song on their instrument.

This book starts off with the plain basics or foundation of what is only needed for beginning guitar players. If I ask someone to curl a 50lb dumbbell and that person does not have the strength yet it would be extremely difficult, but if we start of with a 5lb dumbbell it would be easier and that person would build strength bit by bit with focus, work and determination that person would eventually build strength enough to eventually curl that 50lb dumbbell. Too many beginning guitar players get so excited and jump right into the hard stuff, then get frustrated and eventually quit. It's because of their impatience.

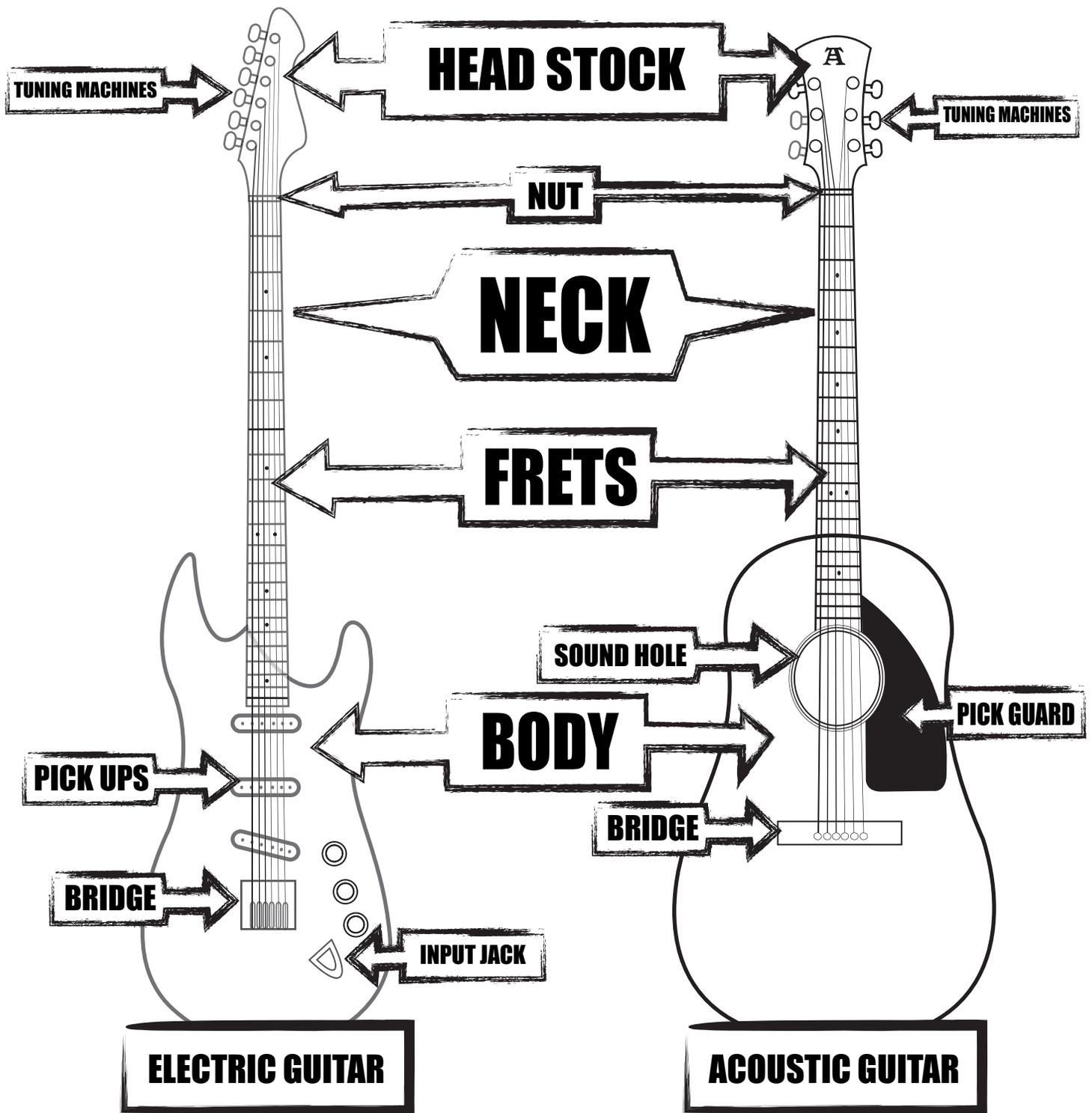
If you tackle two or three pages a week you would master this book in less than six months. You will conquer all your basic notes and rhythms and all 15 basic chords that will get you to play pretty much all of your favorite tunes. Pretty exciting huh?

Patience is definitely what you need when learning the guitar. Take you time, it's not a race. Success is not an event it is a daily process.

If at any time while your reading this book and you have any questions feel free to contact at [roland@de-aragon.com](mailto:roland@de-aragon.com). ROCK ON!

Roland De Aragon

# GUITAR BIOLOGY



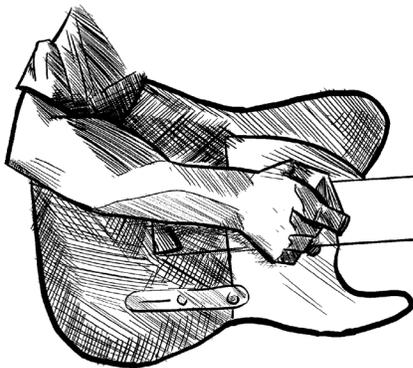
# SITTING POSITION

MAKE SURE YOUR FEET ARE PLANTED ON THE FLOOR, LEAN FORWARD AND SIT UPRIGHT. NO SLOUCHING OR LEANING BACK.

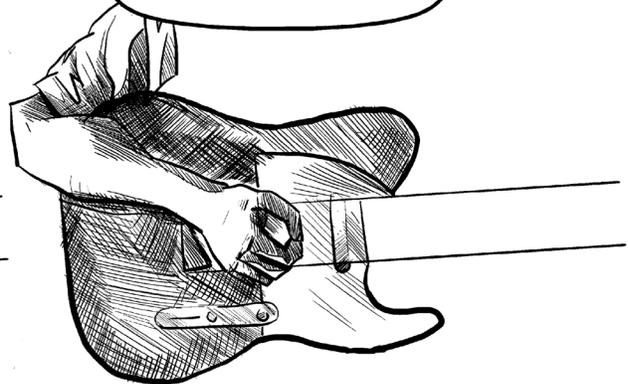


# RIGHT ELBOW POSITION

THE BAD!

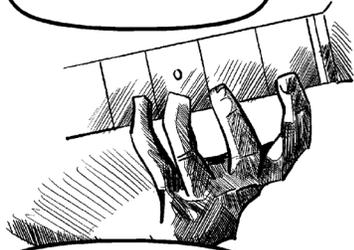


THE GOOD!

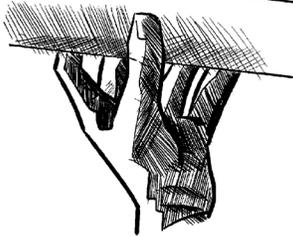


# FRETTING HAND

FRONT VIEW



BACK VIEW



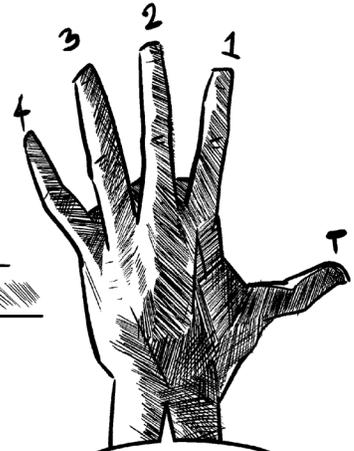
NO PALM!



NO HUGGING!

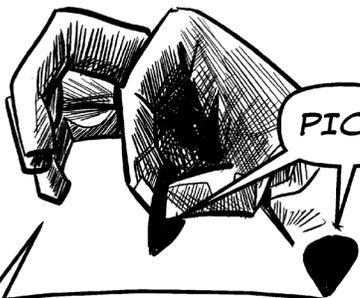


CORRECTO!



THIS IS HOW YOU NUMBER YOUR FINGERS ON YOUR FRETTING HAND. THE "T" MEANS YOUR THUMB.

# PICKING HAND

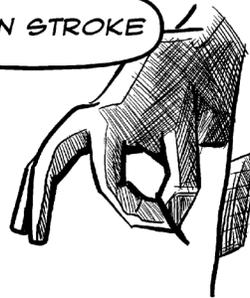


PICK

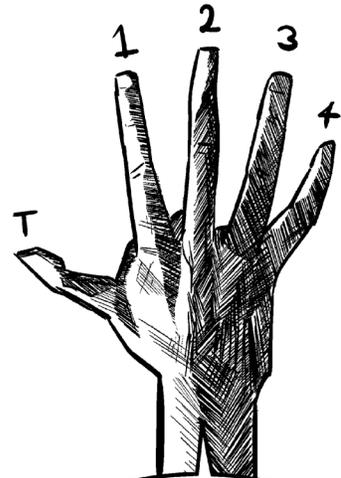
HOLD THE PICK BETWEEN THE THUMB AND THE FIRST FINGER.

EXPOSE JUST A LITTLE BIT OF PICK, BUT NOT TOO MUCH.

DOWN STROKE



UP STROKE



THIS IS HOW YOU NUMBER YOUR FINGERS ON YOUR PICKING HAND. THE "T" MEANS YOUR THUMB.

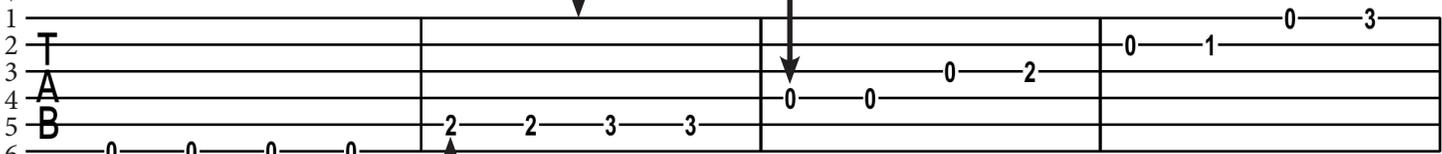
# TABLATURE



This is the bottom string of your guitar.

The six horizontal lines represents the six strings on your guitar.

The zeros indicate you play that string open.

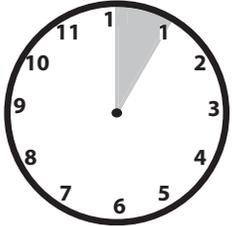


This is the top string of your guitar.

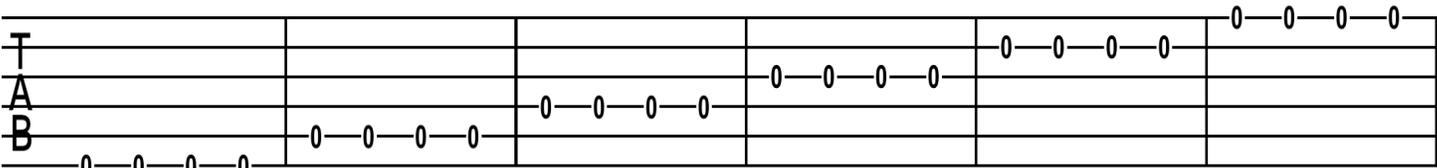
These numbers indicate what fret you put your finger on.

All you got to do is remember what string and what fret to play. That's it!

## 5MINUTE/EXERCISE



# PICKING



down up down up down up down up etc...

1. Play slow and steady
2. Make sure you alternate pick, down and up.
3. No looking at picking hand.
4. Just feel the strings.
5. Practice five minutes each day.

**GUITAR TUNER**

**Don't forget an electric tuner, purchase it at your local music store. It's very important to have one and mandatory to keep your strings in tune. Nothings worse than trying to play your guitar and the strings sound terrible. If want to keep the dogs from howling than pretty please buy a guitar tuner!**

5MINUTE/EXERCISE



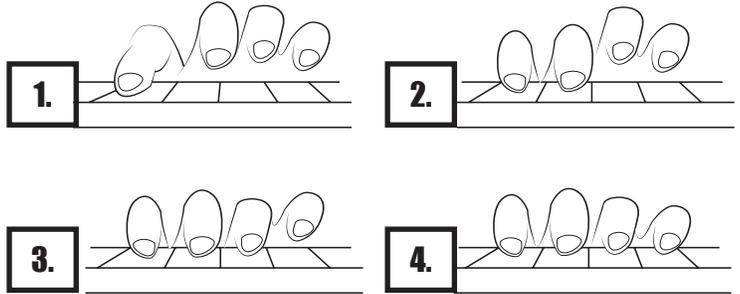
# FINGER FLEX



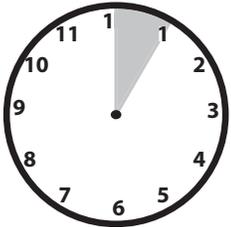
Finger Numbers:

	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	etc...
T	1	2	3	4	2	3	4	5	3	4	5	6	4	5	6	7	
A																	
B																	

1. Press string down with your fingertips.
2. Use the same fingers for each measure.
3. Notice the finger pattern as you move to each fret.
4. Keep moving to each fret until you can go no further.
5. Keep all fingers down! (*fig.4*)
6. Use alternate picking (down, up)
7. Practice 5 minutes a day.



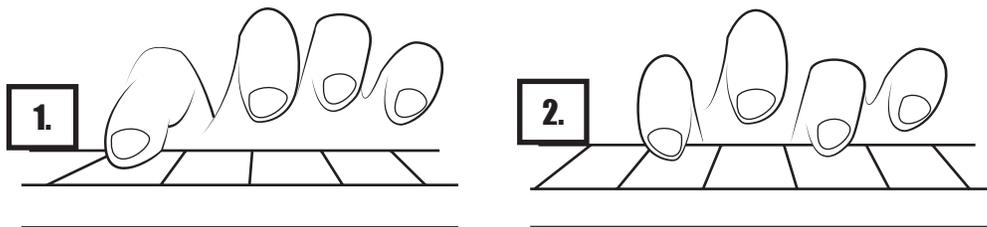
5MINUTE/EXERCISE



# FINGER FLEX 2



	1	3	1	3	1	3	1	3	1	3	1	3
T												
A												
B												



1. Start on the first string, then second string, etc...
2. Must keep first your finger down when you bring your third down!
3. Repeat exercise several times for 5 minutes.

# GRILLED ONIONS

This is a cool little jam, start off playing slowly keeping an even beat. Once your comfortable with it increase the tempo. Watch out for the proper fingering.

R. De Aragon

**E7** Play two times.

T							
A							
B	0	0	3	5	0	0	3 2
	open string no finger		First finger	Third finger			First finger First finger

**A7** Same as the one above, just on the fifth string.

T							
A							
B	0	0	3	5	0	0	3 2
			First finger	Third finger			First finger First finger

**E7**

T							
A							
B	0	0	3	5	0	0	5 6
							First finger Second finger

**B7**

**A7**

T							
A							
B	7	7	7	6	5	5	5 3
	Third			Second	First		First

**E7**

**B7**

T							
A							
B	0	0	5	6	7	7	7 7

# MUSIC BASICS

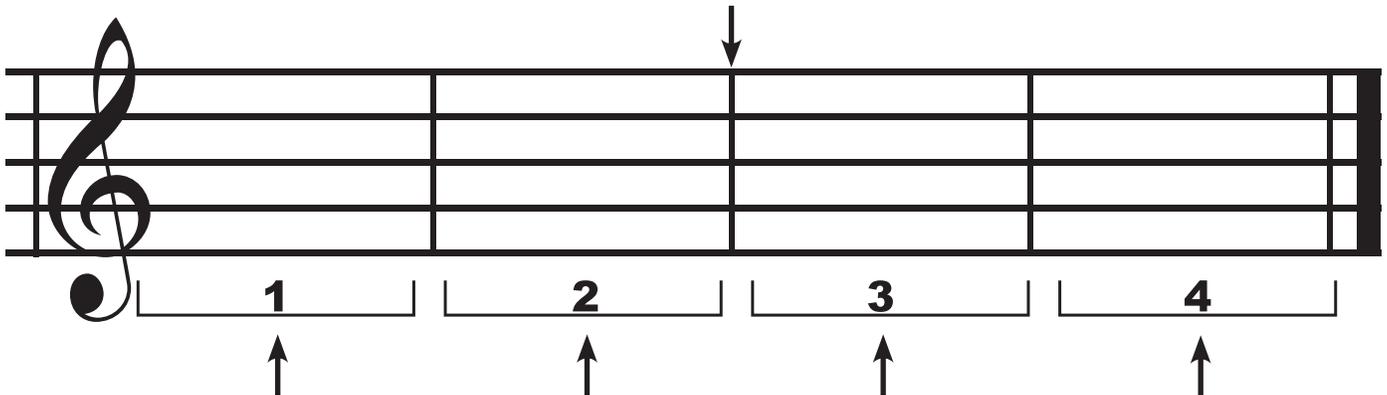
## MUSIC STAFF

5th line	<b>F</b>	4th Space	<b>E</b>
4th line	<b>D</b>	3rd Space	<b>C</b>
3rd line	<b>B</b>	2nd Space	<b>A</b>
2nd line	<b>G</b>	1st Space	<b>F</b>
1st line	<b>E</b>		

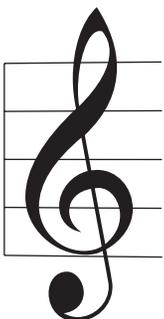
THE STAFF IS MADE UP OF 5 LINES AND 4 SPACES.

**The music alphabet only has seven letters.  
 A B C D E F G - A B C D etc...  
 After G you start back to A B C etc... There is no H I J K etc.. in music.**

The staff is divided into vertical lines called bar lines.



The spaces between the bar lines are called MEASURES. Here we have four measures.



This is a treble clef, also known as the G clef.  
 All guitar music will be written with this clef.

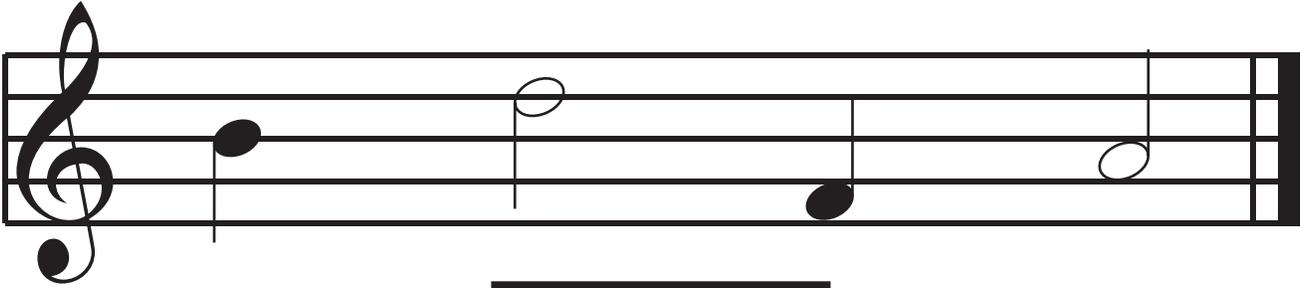
# RHYTHM NOTES VALUES



It's important to memorize the name and the beats of of each note value and rest.

EIGHTH NOTE	QUARTER NOTE	HALF NOTE	DOTTED HALF NOTE	WHOLE NOTE
				
1/2 BEAT	1 BEAT	2 BEATS	3 BEATS	4 BEATS

Notes can be placed either on a line or space.



# RESTS



Rest means no playing or silence for a certain period of counts depending on the type of rest your playing.

EIGHTH REST	QUARTER REST	HALF REST	DOTTED HALF REST	WHOLE REST
				
1/2 BEAT OF SILENCE	1 BEAT OF SILENCE	2 BEATS OF SILENCE	3 BEATS OF SILENCE	4 BEATS OF SILENCE

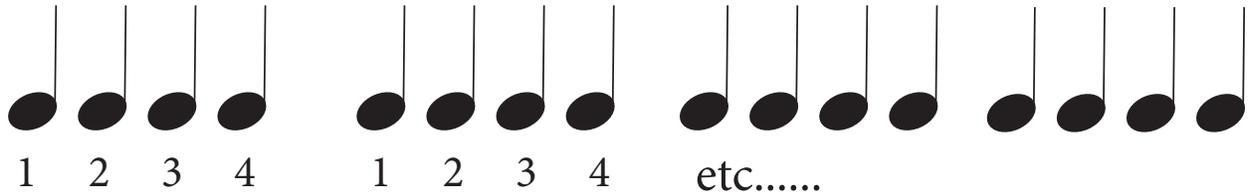
# COUNTING



## quarter notes

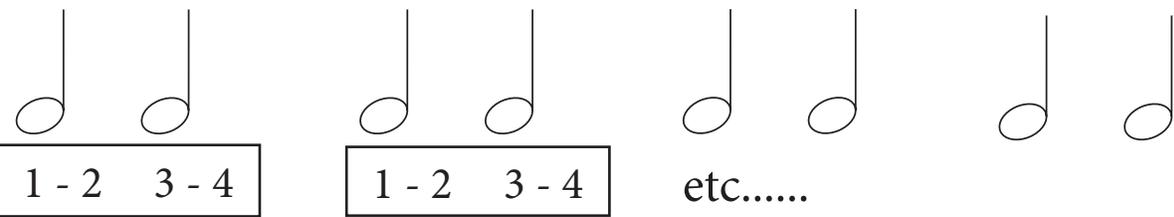
Let's apply the notes with some basic rhythm using our hands and feet.

Clap and foot tap each quarter note and don't forget to count out loud!



## half notes

Clap and foot tap 1 - 2 for the first half note, then 3 - 4 for the second half note.



## dotted half notes

Clap and foot tap 1 - 2 - 3 for each dotted half note and don't forget out loud!



## whole notes

Clap and foot tap 1 - 2 - 3 - 4 for each whole note and don't forget count out loud!



# FIRST STRING



**E** FIRST STRING

4TH SPACE

**F** FIRST STRING 1ST FRET

5TH LINE

**G** FIRST STRING 3RD FRET

TOP LINE

It's important not to confuse yourself with the different types of note values. As long as the note is in its corresponding space or line it remains the same note just with a different beat.

4/4 Time Signature:  
Means there are four beats in each measure.

## QUARTER NOTES

Let's start playing and count out loud. 1-2-3-4 etc..  
Also tap your foot as you count and do not look at your hands, focus on the music.

Let each note ring to its corresponding count.  
1 - 2 then 3 - 4.

## HALF NOTES

Repeat sign, means to repeat from the beginning.

3/4 Time Signature:  
Means there are three beats in each measure.

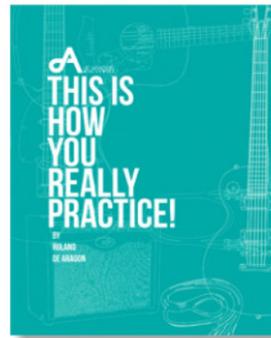
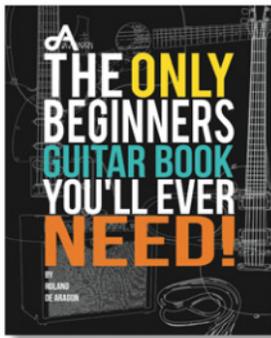
Let each note ring to its corresponding count.  
1 - 2 - 3.

## DOTTED HALF NOTES

Let each note ring to its corresponding count.  
1 - 2 - 3 - 4.

## WHOLE NOTES

Great you made it. If you dig the book so far and it left you hanging. Click on the link below and make music a part of your life and pick up the rest of the book. Keep in mind when you purchase the book you'll get 3 more bonus ebooks. All FREE of charge.



**GET ALL BOOKS TODAY!**

You are a huge blessing and thanks again, and I pray that you all achieve success and that you all rock out!

For more info click on the links below.

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